



The Goal and Objective Setting Matrix

What is your specific goal/objective?	How will you measure progress?	What resources do you require to achieve this goal/objective?	How is the goal/objective relevant , with a clear purpose and benefit?	Is there a deadline? If so, what time do you have to achieve the goal/objective?	How does the goal/objective challenge and extend you?	What will your reward be for achieving the goal/objective?	Has the goal/objective been achieved? (Tick if yes/identify reasons if no.)



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