



Worksheet

Career Choice Worksheet



Area	Satisfaction Criteria	Importance to you (1 = low, 5 = high)	Feature of job Option (1 = low, 5 = high)	Overall Score (multiply previous two columns)
The Work Itself	Job responsibilities			
	Learning/growth opportunities			
	Potential for promotion			
	Future career potential			
	Authority to make decisions			
	Leadership/supervision			
	Variety			
	Autonomy			
	Challenge			
	Self-expression/creativity			
	Physical environment			
Financial Issues	Salary			
	Benefits			
	Incentives			
	Stability/economic security			
Culture	Work relationships			
	People/culture/style			
	Recognition			
	Prestige/title			



Worksheet

Career Choice Worksheet



Area	Satisfaction Criteria	Importance to you (1 = low, 5 = high)	Feature of job Option (1= low, 5 = high)	Overall Score (multiply previous two columns)
Work/Life Balance	Work schedule			
	Flexibility for family time and other commitments			
	Time to commute			
	Travel requirements			
The Company	Size of company			
	Values			
	Leadership			
	Product and quality			
	Environmental concern			
	Industry			
	Geographic location			
	Corporate image/integrity			
	Contribution/service to society			